

CHIEFS  
OF ONTARIO



# MMIWG2S+ FAMILY GATHERING

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MAY 2026

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We offer our thanks and recognition to Crown-Indigenous Relations and Northern Affairs Canada (CIRNAC) and the Family Information Liaison Unit (FILU) of the Ministry of the Attorney General for their support and contributions towards this gathering. We walk in partnership with them.

# CHIEFS OF ONTARIO MMIWG2S+ FAMILY GATHERING 2026

## Welcome

This gathering is a space to come together in a good way. To remember, to share, and to be with one another. During this gathering we hold space for our relatives we carry with us, and for the families and circles who continue to honour them every day.

There's no one way to be here. Some may want to speak, some may want to listen, and some may need quiet moments. However you arrive, you're welcome here.

We hope this time together brings connection, care, and support. Even in the heaviness, there is strength in holding each other up while we honour the spirits of those we carry with us.

Thank you for being here and for bringing your heart into this space.



The main gathering room is the **Mississauga Room**.

We have a medicine room on site, in the **Lakeshore Room on the 2nd floor**.

A sacred fire will be kept from Tuesday to Wednesday. It is at the far south corner of the parking lot.

During the gathering, there are three people available to provide one-on-one spiritual and emotional support, guidance, and grounding to you and your family.

**Knowledge Keeper Donna Debassige**  
**Knowledge Keeper Dixie Doxtador**  
**Stephanie Harpe**

People available to provide one-on-one support are wearing **YELLOW** lanyards.

The medicine room (Lakeshore Room) can be used for one-on-one sessions.

If you need assistance, Chiefs of Ontario staff or hotel staff with **DARK BLUE** lanyards can help you find the room.



## Agenda for Chiefs of Ontario MMIWG2S+ Family Gathering 2026

### Dates

Monday May 4	Travel day, with optional evening activities, <b>registration opens 6:00 PM</b>
Tuesday May 5	Full day of gathering, with optional evening activities
Wednesday May 6	Full day of gathering, and final day

### Location

The gathering is being held at:  
Hilton Toronto Airport Hotel & Suites, 5875 Airport Rd, Mississauga ON L4V 1N1.  
The **main gathering room** is the **Mississauga Room**.

We have a **medicine room** on site, in the **Lakeshore Room** on the **2nd floor**.

A **sacred fire** will be kept from Tuesday to Wednesday. It is at the **far south corner of the parking lot**.

### Live mural making

Artist Lucia Laford will be on-site creating a mural to memorialize the gathering. Connect with her to share your story, share about your loved ones, and provide input on the mural.

### Food

Breakfast and lunch, plus a morning snack and afternoon snack, are provided on Tuesday, May 5 and Wednesday, May 6.

Breakfast starts at 8 AM and is available until 9 AM.

During evening activities on Monday, May 4 and Tuesday, May 5, appetizers/hors d'oeuvres will be provided, but not a full dinner.

## Evening of Monday May 4 from 7:00 – 9:00 PM | Mississauga Room

Hor d'oeuvres will be provided.

Registration for the Family Gathering will open at 6:00 PM

Join us for a presentation by Lisa Nydam, Manager of Programs, **Family Information Liaison Unit**. Following the presentation, there will be a screening of the documentary “Audrey’s Story.”

Family Information Liaison Units (FILUs) provide specialized services to families of missing and murdered Indigenous people.

FILUs help families access all the available information they are seeking about their missing and murdered loved ones from multiple government sources. FILUs are delivered through victim services and Indigenous community organizations and are available in every province and territory.

Justice Canada provides funding to support FILUs through the Federal Victims Strategy’s Victims Fund.

## Tuesday May 5, 8:00 AM – 4:45 PM | Mississauga Room

8:00 – 9:00 AM	Breakfast buffet
9:00 – 9:45 AM	<b>Welcome</b> Opening prayer by Knowledge Keepers
9:45 – 10:15 AM	<b>Getting comfortable</b> Emotional and spiritual safety – preparation for sharing circles Led by Valarie King
10:15 – 10:30 AM	Break – snacks available
10:30 – 11:00 AM	<b>Traditional teachings on loss, grief, healing, and sharing</b> Shared by Valarie King
11:00 AM – noon	<b>Sharing Circle #1</b> – Introductions – Small group sharing circles with your table Facilitated by Valarie King
Noon – 1:00 PM	Lunch buffet
1:00 – 2:15 PM	<b>Sharing Circle #2</b> – Small group sharing circles – move tables to be with new people Facilitated by Valarie King
2:15 – 4:15 PM	<b>Woodland-style Art Workshop</b> Facilitated by Lucia Laford <i>Snacks available during the session</i>
4:15 – 4:45 PM	<b>Reflections</b> Shared by Knowledge Keepers and facilitators

## Evening of Tuesday May 5 from 7:00 – 9:00 PM | Mississauga Room

Hor d'oeuvres will be provided.

**Sharon Johnson** and **Vicky Laforge** will be speaking about their experiences with grief and loss, their pathways of healing and advocacy work, and sharing approaches to moving forward into wellness.

**Kristen McKay** will be sharing her gifts of singing and drumming with a musical performance, including her original MMIWG2S+ Tribute song.

## Wednesday May 6 from 8:00 – 4:45 PM | Mississauga Room

8:00 – 9:00 AM	Breakfast buffet
9:00 – 9:15 AM	Remarks by <b>Ontario Regional Chief Abram Benedict</b>
9:15 – 11:00 AM	<b>Sharing Circle #3</b> – Small group sharing circles with new people Facilitated by Valarie King
11:00 – 11:15 AM	Break – snacks available
11:15 AM – Noon	<b>Presentation by Ontario Provincial Police</b> Gary Maracle, Chief Superintendent, Indigenous Policing Bureau, OPP Marcel Beaudin, Superintendent, Indigenous Policing Bureau, OPP <b>OR</b> <b>Drum circle at sacred fire</b>
Noon – 1:00 PM	Lunch buffet
1:00 – 2:30 PM	<b>Living Experiences Panel</b> Panel moderator: <b>Donna Sound</b> Panelists: <b>Heather Cabral, Sharon Johnson, Jill Lunn</b>
2:30 – 2:45 PM	Break – snacks available
2:45 – 4:00 PM	<b>Sharing Circle #4</b> – Small group sharing circles with new people Facilitated by Valarie King
4:00 – 4:45 PM	<b>Closing reflections and remarks</b> Shared by Knowledge Keepers and facilitators

# THOSE GUIDING THIS GATHERING

## KNOWLEDGE KEEPER VALARIE KING

Edebwed Ogichidaa Kwe-“She who speaks the Truth Warrior woman leader”. Mkwaa dodem. Bear Clan. New Credit doonjibaa. English name is Valarie King. She has lived on Mississaugas of the Credit all her life. She has been a skaabayis (helper) in the community and off reserve in various employment and volunteer or grass root positions for over 35 years.

She is a mother to 7 children and a nookomis to 8 grandchildren. She and her family are carriers of songs and hand drum singers. For the last 30 years, she strived to bring the sacred bundles of traditional teachings back to the people. Ceremonies and rites of passages such as Grandmother moon ceremonies, fastings, traditional teachings workshops, drumming, singing, and feasts.

She has been working with the Traditional medicines and opened Dancing Moon Holistic centre offering traditional programs for healing, herbal products to help with the connection to spirit. She does activism work for families of missing and murdered Aboriginal women and for the sacred water. She is a holistic counsellor, a Chartered Herbalist, has completed her ECE, Bachelor Arts in Health and Women Studies and a minor in Indigenous Studies and her Masters in Indigenous Social Work. I currently am in the Ojibwe Immersion course. She is an instructor at McMaster and Laurier University teaching various Indigenous courses. She is part of Indigenous research projects with Guelph University.

## KNOWLEDGE KEEPER DONNA DEBASSIGE

Bebidkwedaang dizhnikaas, Anishinaabe kwe ndow, Giigoohn ndoodem aweh, M'shikeh ginoodmagna, Mnidoo Mnising ndoonjibaa, miinwaaa Wikwemikong Unceded Territory debendaagwas.

Elder Debassige is retired after more than 35 years' experience working at the United Chiefs and Councils of Manitoulin Tribal Council. She serves as an Elder/Knowledge Keeper for Chiefs of Ontario, Anishinabek Nation, MAG-IJD Elders Council, assisting in a knowledge-sharing & advisory capacity to various councils and committees. She is a fluent speaker of Odawa, a member of the Rain Dance Lodge, a former Indian Residential School survivor and a graduate of Laurentian University.

Elder Donna is mother of three children and grandmother of four grandsons.

## KNOWLEDGE KEEPER DIXIE DOXTADOR “GOWAGENYO” NIGYASOH

Dixie Doxtador is a mother of 1, grandmother and great grandmother. She is Haudenosaunee of the Oneida Bear Clan, Six Nations.

Dixie has dedicated her work in Social Services for over 36 years. She started out in the Mental Health field then moved into the VAW (Violence Against Women) and Homelessness sector. For 18 years she worked in an Indigenous agency addressing the issues of Domestic Violence in the areas of prevention, advocacy and support. Dixie provided Community Counselling utilizing Indigenous traditional values. She is a recipient of the Ruby Award for the Soroptimist Club for the work she has put forward in improving the lives for women. She holds a Bachelor of Social Work Degree and currently sits as Chair for Sacajawea Non-Profit Indigenous Housing. Dixie has held this position for the last 10 years.

Dixie is active in her cultural practices and believes in keeping Traditional values and the sharing of knowledge is paramount for well-being, She is now focusing on the youth sector in providing a strong foundation for identity connection, culture and belonging and this transfers into her work as Cultural Resource and Traditional Knowledge Holder for GanohkwaSra's Tsi Tionkwatention A'non:wara rason:ne My Home on Turtle Island Youth Lodge.

# THOSE GUIDING THIS GATHERING

## STEPHANIE HARPE

Stephanie Harpe is an International Advocate for MMEIP Murdered or Missing and Exploited Indigenous Peoples, Survivor of every horrific statistic and Family member who was a part of the public testimonies for the National Inquiry.

Keynote Speaker for United Nations, traveled 75 Indigenous communities and Metis Settlements across Turtle Island and hosted MMEIP support group for 3 years.

Completed 2 Provincial action plans for Alberta for the National Action Plan, Grassroots works with oppressed people on human rights, safety and security. Developed 16 topics for Wellness and Safety Super clinics and lived experience coaching. Tedx Talk titled Indigenous Suffering and Survival to Success.

Stephanie's Indigenous truth and training is in high demand as she shares with the world how her people survive their own country called Canada. Daughter of a Murdered Mother and Niece of a Historical Chief of Fort McKay First Nations.

## NAWALKA GEESHY MEEGWUN

Longfeather (aka Lyndon George) is a member of the Chippewas of Kettle and Stony Point First Nations. NaWalka Geeshy Meegwun's father is from Aazhoodena (the Stony Point First Nation) and his mother is from Aamjiwnaang (the Chippewas of Sarnia First Nation).

NaWalka Geeshy Meegwun is Anishnaabe Ojokwe. Ojokwe is one of many terms for Two Spirit Two Heart. He is a first generation residential school survivor; his mother Sylvia was the survivor. He is a survivor of the Federal Indian Day School system. NaWalka Geeshy Meegwun is a family member to the late Dudley George of the Ipperwash Crisis. NaWalka Geeshy Meegwun is an aunty/uncle to 88 nieces and nephews.

He has worked with Indigenous people all his life both on and off the reserve. He grew up on "da Rez". NaWalka Geeshy Meegwun has made presentations on Indigenous matters at local, provincial, national and international platforms. He lives in the Dish With One Spoon Treaty Territory.

As a Two Spirit-Two Heart person, NaWalka Geeshy Meegwun holds a unique and respected role within many of the circles he is part of. He has a seat at two different Nation Council Circles: one with Anishnabek Nation and another with the Chiefs of Ontario where he proudly brings the living experiences and voices of Two Spirit Two Heart relatives to the circle.

**Special thanks to Michelle Sault for her support and guidance.**

# THOSE SHARING GIFTS AT THIS GATHERING

## LUCIA LAFORD - MURALIST & WORKSHOP FACILITATOR

Lucia Laford (Waawaaskone Kwe) is an award winning Anishinaabe and Irish artist and educator born in Baawaating, Ontario. She is a proud two-spirit Ojibwe Kwe and a member of M'Chigeeng First Nation.

Lucia paints in a Woodland style that has been passed down to her by her father. Her style is vivid and bright with crisp line work that showcases Anishinaabe teachings and storytelling. Lucia has a spiritual connection to her work that has been established through her own healing path. She is a passionate Indigenous Arts Educator and loves working with everyone from youth to the elderly and especially enjoys working with First Nation Communities. Lucia has ongoing workshops and classes year-round that teach Woodland and floral painting, mural creation, drawing, and leatherwork.

Lucia is a part-time Instructor at Algoma University, where she teaches Indigenous Art courses. Lucia is on the lifelong journey of reclaiming her culture and learning Anishinaabemowin.

## KRISTEN MCKAY - SINGING AND DRUMMING

Born in central Manitoba, Kristen McKay, spirit names Golden Eagle Woman, Sacred Turtle Woman and Buffalo Woman and from the Bear Clan is a 2 Spirit Anishinaabe Dakota Woman from Pine Creek First Nation. Kristen is the Owner/Operator of Kristen McKay Inspirations as well as the lead singer to her band Kristen McKay Music. Kristen is also a Ceremonial Traditional and Contemporary Hand Drum Singer and Hand Drum Maker. Kristen is also an original canvas artist, Jingle Dress Dancer and is also a Sundancer & Ceremonial Buffalo Dancer.

Kristen is deeply connected to her spirituality and culture and has adapted a spiritual support analogy of being protected and supported by her 10,000 Grandmothers. This was inspired by Kristen when 215 was announced from the ground search in Kamloops, BC. Kristen is a Grandchild and a daughter of Residential School Survivors, her parents before her attended IRS and her Grandparents before them had also attended IRS. Kristen is also a third-generation day school survivor and intergenerational survivor. In 2023 Kristen followed her long-time dream of becoming a Flourishing Life Coach in Calgary, Ab. This was also followed by her completing Train the Trainer training in Winnipeg, Mb. Currently Kristen is facilitating wellness, healing, education and awareness workshops in First Nation Communities across Turtle Island.

Kristen has begun to take a core understanding of the IRS traumas and began a healing journey with these traumas. The understanding and knowledge of IRS has helped Kristen move forward from the pain and grief that once filled her world. Kristen has been able to help others have a more understanding of the IRS traumas and MMIWG2S+ and has been fully willing to sit in with various IRS workshops and conferences held across Turtle Island.

Through her original canvas art, she has brought her Anishinaabemowin and Cree languages of her ancestors into the inspirational messaging that is brought to the surfaces of the art Kristen shares with her Relatives. Kristen utilizes her gift to put good things and kind reminders of love, light and wellness into her art. Kristen shares that with all Survivors and their families.

The newest endeavour for Kristen is her recent work and time learning how to tan Deer Elk Moose Beaver Otter & Buffalo Hides from the fall 2024 hunting harvest. This new reconnection for Kristen McKay Inspirations is to complete the hides for drum making and rattle making workshops. The sound of Mother Earths Heartbeat will echo for the next 7 generations as Kristen as already taken a course of action and launched a new hand drum line called Chitto Biishika Fire Bull Drums by Kristen McKay Inspirations. Kristen is planning on releasing Original Music in 2025 in English & Anishinaabemowin Languages. Kristen's first complete acoustic music video will also be released in early 2025 supported by Manitoba Music and Kejic Productions.

# THOSE SHARING GIFTS AT THIS GATHERING

## **DONNA SOUND - LIVING EXPERIENCES PANEL FACILITATOR**

With a career in journalism spanning more than 25 years, Donna Sound, an Indigenous Circle reporter for CTV NATIONAL NEWS, regularly contributes to the team's newsgathering efforts, not only toward Indigenous stories, but bringing strong, investigative, exclusive news features. She is the first Indigenous person in the history of CTV to anchor nationally.

An award-winning journalist, Sound began her career as an editorial assistant and associate producer at CBC News in Toronto, before moving to the front of the camera in 2002 as a correspondent for the Aboriginal People's Television Network, APTN, in Winnipeg. She went on to become producer and sole anchor for two daily national newscasts for APTN. Sound has covered many protests on the front line, including the G20 and Caledonia. She has interviewed Prime Ministers, our current Governor General, Mary Simon, heads of state, Lieutenant Governors, OSCAR® winners, music icons, and CEOs.

Ms. Sound has reported on, and been invited to, the private audience of the historic Papal apology to Indigenous Survivors of residential schools at the Vatican in Rome. She is the daughter and is family to residential school survivors.

Sound has guest co-hosted for Canada's #1 talk show: "The Social." She is a speaker and moderator at Collision Conference, one of the world's biggest technology conferences. Sound was invited to Lisbon Portugal and Vancouver for Web Summit; the biggest technology conference in the world, where she took to many stages speaking and moderating on issues of great significance.

She sits on the Board of Director for '2 The Nations,' a humanitarian charity helping people around the world; most recently in Ukraine. Sound is the newest Board of Director for Peaceful Hearts Foundation. This charity assists individuals with disabilities offering them a safe space to be independent, among other things.

Donna also sat as board member for True North Aid, an organization providing assistance to people in Canada's remote northern indigenous communities. She was also a board member for Native Child and Family Services of Toronto.

A member of Sagamok Anishnawbek in Ontario, Sound feels a sense of pride in breaking down barriers for First Nations and Indigenous peoples and brings a distinct perspective to the newsroom, giving a voice to those underrepresented in Canadian media.

Throughout her childhood, Sound's dream was to be a media journalist, and views responsible journalism as having "the best front seat to the world." A graduate of Humber College's Journalism – Print and Broadcast program, she dedicates herself by regularly educating through speaking engagements for First Nations communities and others in classrooms for high school and university students. Sound also contributes through her emcee work, bringing visibility to fundraising and community efforts.

Donna's passion for her Ojibway culture gives her pause for reflection, while continually striving to engage with her community, working towards revitalizing her Ojibway language, and strengthening the voices of indigenous communities to tell our stories, with honesty and truth.

Follow Donna Sound on Twitter: @donnasound and Instagram: @donnasoundctv

# THOSE SHARING GIFTS AT THIS GATHERING

## HEATHER CABRAL - LIVING EXPERIENCES PANELIST

Heather Cabral is a member of Algonquins of Pikwakanagan First Nation in Golden Lake, Ontario, and lives in Strathroy, Ontario with her partner of 30+ years and their twin 20-year-old sons. She is the Founder of Inspired by Nature Art & Wellness, where she creates spaces for people to reconnect with themselves, their voice, and their inner strength.

Heather's work is rooted in creativity, storytelling, reflection, and meaningful conversation. She helps people explore who they are, what they carry, and what they are ready to step into. Through art and guided reflection, she supports people in building confidence, expressing themselves more fully, and remembering the gifts they already have within them.

Her workshops are welcoming, gentle, and empowering. They are not about being "good at art." They are about using creativity as a way to heal, grow, connect, and see yourself in a new way.

Heather's work is for youth, women, teams, and community groups who are ready to feel more grounded, more confident, and more connected to their purpose.

## JILL LUNN - LIVING EXPERIENCES PANELIST

Jill Lunn resides in the Region of Niagara and settled in the hamlet of Jordan Station ON. She is the mother of 3, Indigenous professional, musician, artist and photographer. She is the daughter of the late Rev Marita Johnson and was adopted by Dr Arthur Shimizu and his wife Audrey Shimizu during the 60's scoop.

Over the course of her career she sat on numerous Indigenous boards and advisory committees including Combined school boards of Niagara, the Superior Court (family), Family and Children's services Niagara, Hamilton Combined Police services.

Currently Jill is the Director of Indigenous and Northern Services (National Director) at Catalyste+ Canada, an international economic development/ economic justice organization.

Prior to working at Catalyste+, Jill worked in reconciliation and advisory capacities with the Niagara Health System and the United Church of Canada- outdoor ministries in the region of London. She was previously the Director at the Fort Erie Native Friendship Center and a founder of the Heather Winterstein Foundation.

Active in the Arts and Culture of the Region, Jill occasionally performs with her husband and partner, Ryan Lunn, an award winning singer/songwriter with Nashville recording credit. Together they owned and operated Lunn Consulting, a consulting firm specializing in supporting Singer Songwriters in the Region.

Jill's artwork hangs in several agencies in the region, including her piece commissioned by the First Ontario Performing Arts Center in St Catharines. Although mostly a painter, Jill is also a live performance photographer, pianist and violinist.

Jill's passion is in the area of Indigenous Health justice where she has spent the last few years advocating for justice for Heather Winterstein, her niece. She continues to speak on behalf of Heather's family while advocating for systems change in the health sector.

## THOSE SHARING GIFTS AT THIS GATHERING

### SHARON JOHNSON - LIVING EXPERIENCES PANELIST & SPEAKER

Sharon Johnson is Ojibwe, and from the Seine River First Nation in the Treaty 3 Territory. She has two adult sons who have given her the love and support necessary to do the work she does on a topic that is difficult to talk about. She got involved with the work of raising awareness about missing and murdered Indigenous women and girls when her youngest sibling, Sandra, was murdered in February 1992. However, she did not get involved with awareness work for missing and murdered women and girls until 2005, when she began to work at healing from the grief of losing her sister. She worked year-round for fifteen years volunteering to organize two memorial walks and also a memorial concert in Thunder Bay. The annual Full Moon Memory Walk is held every September on the day of the full moon and the Valentine's Day Memorial Walk is held the day after the anniversary date of Sandra's murder. The Full Moon Memory Walk has established itself as an important and valued event in the city. She is no longer organizing the two memorial walks and has passed the torch to other women in Thunder Bay to do the work.

Sharon was invited to take part in a project called The Walk-A-Mile Film Project. It is a series of 5 short documentary films that are designed to educate and encourage conversations about the reality of the life and history of Indigenous peoples both in Thunder Bay and across Canada. The films are each 10-15 minutes long and address subjects such as treaties, racism and violence against women. Sharon's part in the film speaks to the cause of violence against women and her sister's unsolved murder. Sharon was also in a true crime documentary series, called TAKEN. TAKEN explores the search for answers and justice for Canada's missing and murdered Indigenous women and girls, by sharing their stories as told by loved ones, including the clues that connect their cases. It is a CBC and APTN co-production produced by Winnipeg-based Eagle Vision. She took part in a powerful public awareness and education campaign that was launched on social media platforms by the National Inquiry into Missing and Murdered Indigenous Women and Girls, in memory of her late sister, Sandra.

For Sharon, it is in her heart to speak about, and share her late sister's story wherever invited, as she believes it brings her some healing that ripples out into the community and to her family and friends. Today, she has slowed down to take care of her health and speaks at MMIWG events when invited.

# THOSE SHARING GIFTS AT THIS GATHERING

## VICKY LAFORGE - SPEAKER

Vicky Laforge (Zhii Baa Say Aa Zhe), also known as Clear Sky Woman, is a member of Nipissing First Nation and an Indigenous Social Worker, Trainer, and Alternative Dispute Resolution (ADR) Practitioner with over 32 years of experience.

Her work is grounded in addressing violence against Indigenous women, trauma, grief and loss, and culturally rooted healing practices. She has worked extensively with victims of violence and alongside victim services and national advocacy initiatives across Canada, including in northern and Arctic communities, delivering trauma-informed and culturally relevant training.

Vicky brings not only professional expertise, but lived experience that informs her advocacy. In 2006, she lost both of her parents, Bonnie and Romeo Laforge, to homicide. Over the past two decades, she has navigated the justice system as a family member, advocate, and voice for accountability-supporting community impact statements, engaging leadership, and contributing to efforts that ensured the severity of the crime was recognized in sentencing. She continues to live the long-term impacts of violent loss, including the recent release of the offender.

Her work in Missing and Murdered Indigenous Women and Girls (MMIWG) is informed by this intersection of lived and professional experience. She is regularly invited to speak at regional and national gatherings, bringing forward the realities of families, the gaps within systems, and the need for sustained, community-driven responses.

In addition to her frontline and advocacy work, Vicky has a strong background in policy development, program design, and government relations. She has worked across sectors to advance system-level change and has developed and delivered training in conflict resolution, restorative justice, leadership, and lateral violence.

She is committed to strengthening responses to violence through approaches that are compassionate, culturally grounded, and led by Indigenous communities.

## BOOTHS ON SITE

Booths will be available to visit on site at the Family Gathering, offering information, support, and opportunities to connect.

Attendees are invited to spend time with representatives from the following organizations to learn more about available resources.:

Toronto Council Fire Native Cultural Centre

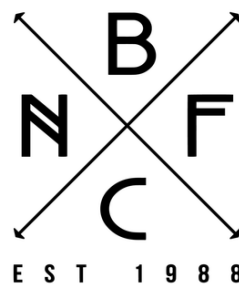
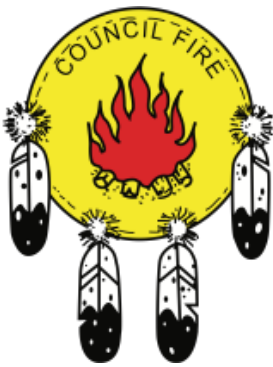
Family Information Liason Unit

Ontario Provincial Police

Biibaagmin - Indigenous Consultation & Cultural Training

ISN Maskwa

Barrie Native Friendship Centre



## RESOURCES

**ITalk4Healing:** 1-855-554-HEAL (offers services in 14 languages: Algonquin, Cree, English, Inuktitut, Mi'kmaq, Mohawk, Ojibwe, Odawa, Oji-Cree, Oneida, Potawatomi, Black Foot, Anishinaabe, Moose Cree, Swampy Cree)

**Assaulted Women's Helpline:** 1-888-783-3130 (toll-free)

**Hope for Wellness 24/7 Help Line:** 1-855-242-3310 (toll-free)

**MMIWG Support Line:** 1-844-413-6649 (24/7 service is available in English, Anishnaabemowin/Ojibway, Cree, Inuktitut, and French)

**Family Information Liaison Unit (FILU):** 1-844-888-8610

