



# 17<sup>th</sup> Annual Health Forum



**“Our Time, Our Health: Time to Reconnect, Restore and Refocus”**  
**FEBRUARY 28-MARCH 2, 2023**

## DAY 1 AGENDA Tuesday, February 28, 2023

7:00 AM – 8:30 AM HOT BREAKFAST PROVIDED

8:30 AM	Welcome	Stan Wesley, M.C.
8:45 AM	Opening Drum	Council Fire All Nations Drum Group
9:00 AM	Opening Prayer	Elder Ed Sackaney & Elder Betty Maracle
9:15 AM	Welcoming Address	Councillor Andrea King Mississauga of The Credit First Nation
9:30 AM	Opening Address	Ontario Regional Chief Glen Hare
9:45 AM	Opening Comments	Grand Council Chief Reg Niganobe, Chair, Ontario Chiefs Committee on Health

10:15 A.M – 10:30 A.M WELLNESS BREAK

10:30 AM	Keynote Speaker	<b>Cynthia Wesley-Esquimaux</b> , Ph.D., Indigenous Chair for Truth and Reconciliation in Canada and Vice Provost at Lakehead University
12:00 PM	<b>“WALKING OUR TEACHINGS INTO TOMORROW”</b>	

12:00 PM – 1:00 PM HOT LUNCH PROVIDED

1:00 PM	Guest Speaker	Ministers (TBC)
1:45 PM		
1:45 PM	Updates on Activities	ISC (TBC)
2:30 PM		Tobi Mitchell, Director of Health

2:30 PM – 2:45 PM WELLNESS BREAK

2:45 PM	<b>Long Term Care Panel Presentation</b>	
	<ul style="list-style-type: none"> <li>➤ Mohawks of the Bay of Quinte Elder &amp; Disabled Care Home</li> <li>➤ Mohawks of Akwesasne Department of Health</li> <li>➤ TBC</li> <li>➤ LTC Capital Development Division, Ministry of Long-Term Care</li> </ul>	

4:30 PM	<b>Closing Remarks</b>
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**EARLY BIRD DOOR PRIZE DRAW**



# Chiefs of Ontario 17<sup>th</sup> Annual Health Forum

## DAY 2 AGENDA Wednesday, March 1, 2023

6:45 AM – 7:30 AM Yoga

7:00 AM – 8:30 AM HOT BREAKFAST PROVIDED

8:00 AM	Opening Drum Song	Council Fire All Nations Drum Group
8:30 AM	Welcome Address	Chief Mark Hill, Six Nations of the Grand River (via Zoom)
8:45 AM	Opening Prayer	Elder Norma General-Lickers and Elder Dave Root
9:00 AM 10:15 AM	Keynote Speaker	<b>Dr. Randy Jackson</b> , Assistant Professor in the McMaster School of Social Work, Department of Health, Aging and Society

10:15 A.M – 10:30 A.M WELLNESS BREAK

10:30 AM

12:00 PM PROCEED TO WORKSHOPS (ROUND 1)

Developing a Culturally-based & Trauma-informed Workplace Wellness for First Nations Police and First Responders <i>Scott Cooper and Marion Maar</i>	Workforce Wellness Strategy: Supporting the Well-being of the Mental Wellness Workforce that Serves Indigenous Communities and Their Members <i>Keith Martin and Anne Duquette</i>	A.) Understanding and addressing hepatitis C virus (HCV) infection through partnerships between First Nations and health care researchers <i>Dr. Andrew Mendlowitz</i>	Indigenous Youth Perspectives on Whararata Declaration: What makes an Indigenous Leader? <i>Misko Kicknosway, Jenna Robar and Noah Ricciardi</i>
	Supporting the First Nations Mental Wellness Workforce with New Toolkits and Resources <i>Despina Papadopoulos and Anne Duquette</i>	B.) Eye Health Screening Initiative <i>Jodie Kerr</i>	Aanish Naa Gegii Children's Health and Well-Being Measure: Past, Present and Future <i>Samantha Mandamin and Mia Bourque</i>
		C.) Positive Impacts of In Community Foot Care <i>Lindsey Cosh</i>	
Moderator: Bernadette deGonzague & Winter Dawn Lipscombe	Moderator: Trudy Maness & Paul Porter	Moderator: Jennifer Shisheesh & Rebecca Mandamin	Moderator: Lance Copegog & Ariel Berwick

SALON A

SALON B

SALON C

SALON D

12:00 PM – 1:00 PM HOT LUNCH PROVIDED

1:00 PM

2:30 PM PROCEED TO WORKSHOPS (ROUND 2)

Exploring the economic costs of obstetric evacuation and the social-cultural benefits of Indigenous midwifery in Ontario <i>Diane Simon</i>	Caring for and Protecting Indigenous Knowledge.  AND Addressing Food Security During a Pandemic <i>Lorrilee McGregor</i>	A.) An Alternative to Healing – Jingle Dress Healing Dance <i>Mary-Lou Ducharme</i>	First Nations Covid-19 Model - what if? <i>Dr. Jennifer Walker and Cal Stewart</i>
Returning Birth for the Next 7 Generations <i>Tammy Cascagnette and Jessica Danforth</i>		B.) Honouring Our Children <i>Natalie Paavola</i>	
		C.) Indigenous Knowledge & Epigenetics <i>Nancy Peters</i>	
Moderator: Emily King & Chanice Johnston	Moderator: Sacha Bragg & Kieran Davis	Moderator: Alexis Kydd & Janine Frogg	Moderator: Linda Ogilvie & Lance Copegog

SALON A

SALON B

SALON C

SALON D



# Chiefs of Ontario 17<sup>th</sup> Annual Health Forum

## 2:30 PM – 2:45 PM WELLNESS BREAK

2:45 PM

### 4:15 PM PROCEED TO WORKSHOPS (ROUND 3)

<p>The Fruit of Your Destiny is nourished by the Roots of Your Past: How Breastfeeding/Chest feeding Can Help Our People Overcome Intergenerational Trauma <b>Stephanie George</b></p>	<p>The "Healing Art of Maaniinhs" <b>Mary Pheasant</b></p>	<p>Low Barriers Emergency Shelter in Wikwemkoong, ON <b>Jessica Kopechanski and Michelle Manitowabi</b></p> <p>Wellness Resource Hub to support Indigenous Children &amp; Youth <b>Mia Bourque and Samantha Mandamin</b></p>	<p>Northern Public Health Working group on Indigenous Mental Wellness: Impacts of the COVID-19 Pandemic Best Practices and Lessons in Community Resilience <b>Dr. Carol Hopkins and Dr. Brenda Restoule</b></p>
<p><b>Moderator: Alexis Kydd &amp; Winter Dawn Lipscombe</b></p>	<p><b>Moderator: Brenda Owl &amp; Paul Porter</b></p>	<p><b>Moderator: Sacha Bragg &amp; Rebecca Mandamin</b></p>	<p><b>Moderator: Tasha Toulouse &amp; Ariel Berwick</b></p>
<p><b>SALON A</b></p>	<p><b>SALON B</b></p>	<p><b>SALON C</b></p>	<p><b>SALON D</b></p>

4:30 PM

### Closing Remarks

## POLLING QUESTIONS AND DOOR PRIZE DRAW

**EVENING ACTIVITIES**  
**6:00 P.M – 9:00 P.M**  
 Light Snacks will be provided

**Social with the Council Fire All Nations Drum group; Deanne Hupfield, Fancy Dancer; John Hupfield, Grass Dancer and the Oneida Women Singers  
 6:00 p.m – 9:00 p.m. - Grand Ballroom**

**Paint Night with Moses Art  
 6:00 p.m – 8:00 p.m - York Room**



# DAY 3 AGENDA Thursday, March 2, 2023

6:45 AM – 7:30 AM Light Yoga

7:00 AM – 8:30 AM BREAKFAST PROVIDED

8:00 AM	Opening Drum Song	Council Fire All Nations Drum Group
8:30 AM	Morning Welcome	Stan Wesley, M.C.
8:45 AM	Opening Prayer	Elder Donna Debassige and Elder Rodney Miller

9:00 AM

10:30 PM PROCEED TO WORKSHOPS (ROUND 4)

<p>Land-Based Healing in Wiikwemkoong - Nadmadwin Mental Health <i>Michelle Manitowabi</i></p> <p>Aki Gimiinigonaa Mshkooziwin (The Land Gives Us Strength): Culturally grounded healing within the urban Indigenous community during COVID 19. <i>Autumn Watson and Mandy Wilson</i></p>	<p>Expanding the Addictions Management Information System (AMIS) to Communities <i>Christy Bird</i></p> <p>Reset your life with transformative knowledge <i>Paula Sevestre</i></p>	<p>Supporting the Indian Residential School Resolution Health Support Program (IRS RHSP): A Look into the Qualitative Assessment and Formative Analysis</p> <p>Indigenous Crisis Debriefing Model (ICDM) <i>Dr. Brenda Restoule and Maxine Peltier</i></p>	<p>A National Association Guided Through the Lens of the First Nations Mental Wellness Continuum Framework</p> <p>Building Sustainable Equity in the National Native Alcohol and Drug Abuse Program (NNADAP) and National Youth Solvent Abuse Program (NYSAP) Systems <i>Dr. Carol Hopkins and Noah Ricciardi</i></p>
Moderator: Alexis Kydd & Chanice Johnston	Moderator: Brenda Owl & Kieran Davis	Moderator: Sacha Bragg & Janine Frogg	Moderator: Tasha Toulouse & Lance Copegog

Salon A

Salon B

Salon C

Salon D

10:30 A.M – 10:45 A.M WELLNESS BREAK

10:45 AM 11:15 AM	<p><b>Covid-19 Pandemic Review: Lessons Learned for First Nations in Ontario</b> <i>Carmen Jones, Director, COO Research &amp; Data Management; Robin Rowe, Consultant, and Jennifer Walker</i></p>
11:15 AM 12:00 PM	<p><b>Physicians Addressing Racism in Healthcare</b> ➤ <i>Dr. Saroo Sharda and Dr. James Makokis</i></p>

12:00 PM – 1:00 PM HOT LUNCH PROVIDED



<b>1:00 PM</b>	<b>Ontario First Nations Young Peoples Council (OFNYPC)</b> <ul style="list-style-type: none"><li>➤ Lead, Lance Copegog</li><li>➤ <i>Ariel Berwick</i></li><li>➤ <i>Paul Porter</i></li><li>➤ <i>Winter Dawn Lipscombe</i></li><li>➤ <i>Rebecca Mandamin</i></li><li>➤ <i>Kieran Davis</i></li><li>➤ <i>Chanice Johnston</i></li><li>➤ <i>Janine Frogg</i></li></ul>
<b>2:00 PM</b>	<b>Elders Panel</b> <ul style="list-style-type: none"><li>➤ <i>Elder Donna Debassige</i></li><li>➤ <i>Elder Betty Maracle</i></li><li>➤ <i>Elder Norma General-Lickers</i></li><li>➤ <i>Elder Ed Sackaney</i></li><li>➤ <i>Elder Rodney Miller</i></li><li>➤ <i>Elder Dave Root</i></li></ul>
<b>3:00 PM</b>	<b>Closing Remarks</b> <ul style="list-style-type: none"><li>➤ <i>Tobi Mitchell, COO Director of Health</i></li></ul>
<b>3:15 PM</b>	<b>Closing Prayer and Travelling Drum Song</b> <ul style="list-style-type: none"><li>➤ <i>Council Fire All Nations Drum Group</i></li></ul>

**SAFE TRAVELS HOME**

